

10 Tips for Planning Fun Family Activities

1 Pull Out a Calendar

Print out a hard copy and plan as far in advance as possible. At a minimum, you should plan for at least a month. The true benefit to this system comes when you plan for an entire season (3-6 months out).

2 Pencil in Family Plans

Birthday Parties, Sports Practices and Games, Church Events, Out of Town Guest Visits, Planned Travel, Vacations, etc.

3 Think About the details

Do you have kids that need a nap? When do you go grocery shopping? What is your budget? What are your kids' bedtimes?

4 Research!

Brainstorm ideas: Seasonal Events, Local Events, Parks & Playgrounds, Day Trips, Amusement Parks, Nature Centers, Museums, Fairs, Outdoor & Indoor Activities, etc.

5 Create a Bucket List

Involve the entire family and prioritize the activities! Decide what's a "can't miss" activity.

6 Schedule Any Plans!

Plug any "can't miss" activities into your calendar. Don't overschedule or try to fit every last activity in!

7 Be Flexible

Plan for changes with back up days. What if someone gets sick? What if it rains?

8 Build in Downtime

Try to have at least one weekend with little to no planned activities! Every weekend can't be six flags!

9 Create Special Days

If you can take time off during the week, activities are less crowded! Try planning a few week-time family activities.

10 Divide & Conquer

Give one parent a little quiet time... sometimes Mom can take the kiddos on a trip with a friend or family member. Then switch and let Dad take the kids while Mom rests!

Sunshine
WHISPERS

The Family Personality Inventory

When do my kids nap?

What food preferences/
allergies do we absolutely
need to plan around?

When's Bedtime?

Any special adult only
events that need to be
blocked off?

Date Night? Book Club? _____

What birthdays, family
obligations, travel or other
special days are coming up?

What weekly events do we
need to account for?

Church? Sports Practice? _____

Identify any significant
pockets of time (2+ hours)
your family has for fun
family outings!



Research!

Activity One!

Name: _____

Website: _____

Special Event Dates: _____

How far away is the venue?

Is this a recurring event or does
it happen once a season?

Indoor or Outdoor? _____

Activity Two!

Name: _____

Website: _____

Special Event Dates: _____

How far away is the venue?

Is this a recurring event or does
it happen once a season?

Indoor or Outdoor? _____

Activity Three!

Name: _____

Website: _____

Special Event Dates: _____

How far away is the venue?

Is this a recurring event or does
it happen once a season?

Indoor or Outdoor? _____

Activity Four!

Name: _____

Website: _____

Special Event Dates: _____

How far away is the venue?

Is this a recurring event or does
it happen once a season?

Indoor or Outdoor? _____

Activity Five!

Name: _____

Website: _____

Special Event Dates: _____

How far away is the venue?

Is this a recurring event or does
it happen once a season?

Indoor or Outdoor? _____

Activity Six!

Name: _____

Website: _____

Special Event Dates: _____

How far away is the venue?

Is this a recurring event or does
it happen once a season?

Indoor or Outdoor? _____



Bucket List!

Use this space for brainstorming! Think of special events, parks or playgrounds to visit, restaurants to try, movies to see, museums or attractions... everything!

[illegible]

Our Top Picks!

_____’s Pick!

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

_____’s Pick!

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

_____’s Pick!

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

_____’s Pick!

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

_____’s Pick!

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

_____’s Pick!

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____



Plan for Plan B!

Build in Downtime!

[illegible]

Flexible Fun Ideas!

[illegible]

Back Up Plans!

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no text or other markings on the paper.

Inclement Weather Options

This image shows a blank sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. In the bottom right corner, there is a decorative orange swirl graphic. Inside the swirl, the word "Sunshine" is written in a cursive, orange-colored font. The overall appearance is that of a clean, unused notebook page or a worksheet template.